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20 **Abstract** A direct saponification and normal-phase high performance liquid
21 chromatography (NP-HPLC) procedure was developed for simultaneous determination
22 of cholesterol and retinol in meat. A normal-phase silica column fitted with diode array
23 detection at 208 nm for cholesterol and fluorescence detection (λ -excitation 344 nm / λ -
24 emission 472 nm) for retinol, with mobile phase consisting of 2% (v/v) 2-propanol in n-
25 hexane was used. Cholesterol was eluted at 10 minutes and retinol at 12.66 minutes. High
26 linearity ($R^2 > 0.9996$ for both compounds) in calibration range was obtained. The LOD
27 and LOQ values showing the high sensitivity of the developed methodology for
28 simultaneous determination of cholesterol and retinol in meat. Recovery results obtained
29 in this study (98.67-102.14% for cholesterol and 91.72-98.27% for retinol) were between
30 AOAC recommendations to validated method and were comparable to most recent
31 studies in precision and accuracy. In addition, the present method showed high
32 repeatability and reproducibility. As a general conclusion, the results indicate that the
33 direct saponification, extraction and HPLC analysis is an adequate method for cholesterol
34 and retinol analysis in meat samples.

35

36 **Keywords** Food analysis; Cholesterol; Vitamin A; Meat; Method validation; HPLC-PDA-
37 FL

38 **Introduction**

39 Nowadays, the high consumption and demand of meat makes necessary the development
40 of new tools to assess the meat quality. Cholesterol, fat content and fat composition of
41 meat are important health issues for consumers because they have been associated with
42 obesity, hypercholesterolaemia and cancer (Chizzolini et al. 1999). Therefore, the
43 quantification of total cholesterol and vitamin A could provide valuable information
44 relating to meat quality.

45 Few methods for cholesterol determination have been validated on a performance basis
46 as recommended by AOAC, making it difficult for commercial laboratories to adopt such
47 methods for routine analysis. However, this method is still complicated, using large
48 amount of chemicals for post-extraction of unsaponified materials, and includes many
49 other preparation steps such as drying, reconstitution, and derivatization of cholesterol
50 prior to gas chromatographic analysis (AOAC 1996a; b). Moreover, most cholesterol and
51 retinol determination methods used with meat samples have not been validated for use on
52 such a complex matrix with a high protein content, variable fat content, and abundance
53 of cholesterol tightly bound in cell membranes, and the analytical methodology has been
54 claimed to be a source of differences found in number of studies on cholesterol content
55 of meat and poultry products (Bragagnolo 2009). Therefore, for the laboratories,
56 validation of a simple method for the simultaneous determination of these compounds in
57 meat is a good alternative to official methods, and help standardize the results obtained
58 in different studies.

59 Thus, the objective of this study was to determine the intralaboratory performance
60 of a simultaneous cholesterol and retinol determination method that combines direct

61 saponification of a 2 g meat sample and HPLC-PDA-FL quantification of liberated
62 cholesterol and retinol.

63 **Materials and methods**

64 **Sample preparation**

65 Two grams of meat (beef) sample were saponified with potassium hydroxide in ethanolic
66 solution to liberate cholesterol and retinol. Unsaponified materials were extracted with n-
67 hexane. The n-hexane extract was injected and cholesterol and retinol were quantified
68 using HPLC-PDA-FL technique.

69 **Reagents**

70 2-Propanol (HPLC grade), n-hexane (HPLC grade), ethanol (analytical grade), sodium
71 sulphate anhydrous (>99%) (analytical grade), butylated hydroxytoluene (>99%)
72 (analytical grade), cholesterol (>99%) and all-trans-retinol (>95%) were purchased from
73 Sigma-Aldrich (Sigma-Aldrich, Madrid, Spain) while potassium hydroxide (85%) from
74 Merck (Merck, Madrid, Spain). A sample of beef loin was bought at a local market
75 (moisture: $65.5 \pm 4.1\%$; fat: $11.7 \pm 2.4\%$). This meat was minced until a homogeneous
76 sample, and frozen (-20°C) until the following analyses were performed.

77

78 **Direct saponification and extraction**

79 Meat samples were directly saponified according to Mestre Prates et al. (2006) procedure,
80 with the modifications proposed by Domínguez et al. (2015). Two grams of homogenized
81 meat sample were placed in a screw teflon-lined cap tube, in duplicate, and 0.25 g of L-
82 ascorbic acid and 5 mL of saponification solution were added. The saponification
83 solution, freshly prepared each week, contained 11% w/v potassium hydroxide in a

84 mixture of 55% v/v absolute ethanol and 45% v/v distilled water. The air was eliminated
85 from the reaction, by displacement with nitrogen gas and the sample was shanked until
86 the ascorbic acid was completely dissolved. The samples rested 5 minutes and then
87 vortexed. The saponification was carried out in a shaking water bath (THER-SPIN, Orto
88 Alresa, Madrid, Spain) (200 rpm) at 85 °C for 45 min. Samples were vortexed after 20
89 minutes of saponification process.

90 After saponification, samples were cooled in tap water for 10 min. Following cooling
91 1.5 ml of distilled water and 3 ml of 25 µg/ml BHT solution in n-hexane were added (final
92 proportions of 4.5 ml H₂O: 3 ml ethanol: 3 ml n-hexane; the meat sample was assumed
93 to contribute with 0.5 ml H₂O). The samples were vigorously vortexed and centrifuged at
94 1500 g for 3 min. Emulsification may occur during the extraction process. If an emulsion
95 is formed, 0.2 mL of absolute ethanol can be added to facilitate the separation process.
96 The ethanol is gently mixed in swirling motion, and the emulsifying mixture allowed to
97 stand to enable the separation. An emulsion needs to be eliminated or decreased before
98 subsequent steps are performed. An aliquot of the upper layer (n-hexane) was transferred
99 into a small screw teflon-lined cap tube and a spatletip of anhydrous sodium sulphate was
100 added. Finally, the tube was briefly shaken and an aliquot of the n-hexane was filtered
101 through a 0.45-µm hydrophobic membrane into an amber screw-cap vial with teflon
102 septum.

103 **Instrumentation and chromatographic conditions**

104 The HPLC systems used was an Alliance 2695 model (Waters, Milford, USA) equipped
105 with a 996 Photodiode Array Detector (Waters Milford, USA) and 2475 Multi-λ
106 Fluorescence Detector (Waters Milford, USA). Empower 3™ advanced software
107 (Waters, Milford, USA) was used to control system operation and results management.

108 The cholesterol and retinol analysis were performed using a normal-phase silica column
109 (SunFire™ Prep Silica, 4.6 mm ID × 250 mm, 5 µm particle size, Waters, Milford, MA,
110 USA). The solvent (2% v/v 2-propanol in n-hexane) flow rate was 1 ml/min, the run last
111 for 15 min and the temperature of the column oven was adjusted at 30 °C. From each
112 standard and sample 10 µL was injected. The detection of cholesterol was carry out using
113 Photodiode Array detector at 208 nm, while the retinol was detected using the
114 Fluorescence detector (λ -excitation 344 nm / λ -emission 472 nm). Total cholesterol and
115 retinol in meat samples were quantified based on the external standard technique, from a
116 standard curve of peak area *vs.* concentration (Fig 1). Results were expressed as mg of
117 cholesterol/100 g of meat and µg of retinol/100 g of meat.

118 **Method validation**

119 The developed normal-phase HPLC methodology was validated in terms of linearity,
120 limit of detection (LOD), limit of quantification (LOQ), peak characteristics, accuracy
121 and precision (Barba et al. 2013a; b).

122 Linearity was evaluated using the external standard calibration method. The stock
123 solutions were prepared by dissolving 100 mg of the cholesterol standard and 125 µL of
124 the all-trans-retinol solution (1000 µg/mL) in 100 mL of n-hexane to make up solutions
125 of 1000 µg/mL of cholesterol and 1250 ng/mL of retinol. Later, they were diluted to
126 obtain eight calibration levels ranging from 8 to 1000 µg/mL of cholesterol standard and
127 eight calibration levels ranging from 20 to 1250 ng/mL of retinol standard. Three sets of
128 fresh standard solution were prepared independently and were subjected to HPLC
129 calibration on three different days (two sets/day) to determine linearity, including R^2 ,
130 standard errors of both the slope and intercept. The response factors from calibration lines
131 of peak area (A) over concentration were also calculated.

132 The LOD and LOQ were determined as the cholesterol and retinol concentrations
133 corresponding to signal to noise ratios of 3 and 10, respectively (according to ICH
134 recommendations) (ICH 2005). The baseline noise was taken as the height (AU) of the
135 highest noise peaks in ten chromatograms of blank samples (n-hexane) at the retention
136 time corresponding to that of free cholesterol and all-trans retinol standard.

137 Peak characteristics were also analysed. The retention time of standards (8 levels x 3
138 replicates x 2 injections) and samples (8 repetitions per day x 3 consecutive days) and
139 peak width of standards (8 levels x 6 readings) were measured. Specificity was
140 determined using the resolution of the peaks. The resolution was measured by the ratio of
141 the distance between two neighbouring peak maxima and the mean of the two peak
142 widths, according to CDER (1994) recommendations. For the peak asymmetry analysis,
143 the tailing factor was calculated, according to CDER (1994): 10% above the baseline as
144 the ratio of the width from peak maximum to the end and the width from peak front to the
145 maximum.

146 Accuracy was evaluated as the recovery obtained when 3 different amounts of
147 cholesterol (95, 190 and 300 µg/g) and retinol (45, 105 and 240 ng/g) standard were added
148 to eighteen meat samples (six per level) (injected in duplicate). The recovery efficiency
149 was calculated using ratio of cholesterol (mg/100 g) and retinol (µg/100 g) content
150 recovered to the cholesterol and retinol content added. The calculation was carried out
151 using the following equation for each compound:

152
$$R(\%) = Cr \times 100 \times \left(\frac{1}{Ca} \right)$$

153 Where *Cr* is the cholesterol and retinol content recovered (mg/100 g and µg/100 g for
154 cholesterol and retinol, respectively), which was derived from subtraction of non-addition

155 concentration and C_a is the cholesterol and retinol content added (also expressed in
156 mg/100 g and $\mu\text{g}/100\text{ g}$ for cholesterol and retinol, respectively).

157

158 **Intralaboratory precision**

159 Eight repetitions of meat sample were weighed, saponified and injected under the same
160 analytical conditions within a day (intraday). These analyses were replicated with
161 different saponification solutions (freshly prepared each replicate) in three different days
162 (interday) to analyse the variation in different days. The intralaboratory repeatability was
163 assessed using the relative standard deviation (% RSD) of the eight replicates analysed
164 on the same day (first day), whereas the 24 replicates on the three days were used for the
165 intralaboratory reproducibility. The interday precision was also evaluated with analysis
166 of variance, to determine significant differences between replicates.

167 **Statistical analysis**

168 Forty-eight injections of standards (8 levels x 3 replicates x 2 injections) and twenty-four
169 injections of meat sample (8 repetitions per day x 3 consecutive days) were analysed in
170 the present study. Experimental data analysis and the calculation of the different
171 parameters were achieved using IBM SPSS statistics for Windows, version 19.0. IBM
172 Corp., New York, NY, USA). For the statistical interday differences an analysis of
173 variance (ANOVA) of one way using the same statistical software package was
174 performed.

175 **Results and discussion**

176 To demonstrate the method suitability for routine identification and quantification of
177 cholesterol and retinol in meat, the analytical characteristics of the developed HPLC-
178 PDA-FL methodology for the determination of cholesterol and retinol were evaluated.

179 **Peak characteristics**

180 The retention times (RT) and peak characteristics of cholesterol and retinol for standards
181 and samples are presented in Table 1. The mean of cholesterol RT (both in standard and
182 samples; n=72) was 10.00 ± 0.01 minutes, while the retinol RT was 12.66 ± 0.01 minutes.
183 These data confirm that there were no variations in the retention times between samples
184 and standards. Therefore, it can be stated that there is no effect of the sample matrix in
185 the chromatographic analysis. Peak width was measured using the standard injections (all
186 levels; n=48). Cholesterol analysis showed a mean peak width of 0.86 minutes and retinol
187 of 0.78 minutes. In addition, the amount of cholesterol and retinol did not affect the peak
188 width. The injections of the lowest concentration level of cholesterol standard ($8\ \mu\text{g/mL}$)
189 presented a peak width of 0.85 ± 0.03 minutes and the highest concentration levels (1000
190 $\mu\text{g/mL}$) showed a peak width of 0.86 ± 0.04 minutes (data not shown). In the same way,
191 the injections of the lowest concentration level of retinol ($20\ \text{ng/mL}$) presented a peak
192 width of 0.79 ± 0.04 minutes and the highest concentration levels ($1250\ \text{ng/mL}$) showed a
193 peak width of 0.82 ± 0.02 minutes (data not shown).

194 Specificity is the ability to assess the component of interest without interferences from
195 other components which may coexist due to similar chemical and physical properties
196 (Kua et al. 2016). In chromatography, specificity is assessed by peak resolution.
197 According to CDER (1994), if the peak resolution is greater than “2” ensures the two
198 neighboring peaks resolve completely from each other. The specificity (assessed by peak
199 resolution) of the meat samples (n=24) used in the present study was 15.53 for cholesterol

200 and 14.41 in retinol. Therefore, the resolution was >7 times greater than that
201 recommended value for a complete resolution. In fact, the two peaks were well separated
202 in a very clean chromatogram. It is possible to observe in the chromatogram examples
203 (Fig. 2) for standards and samples, that there were no peaks near the cholesterol or retinol.
204 As commented above, the Official Method of AOAC (Official Method 994.10) (AOAC
205 1996) is the only certified method for cholesterol determination, using gas
206 chromatography (GC) with a flame ionization detector. In a more recent study, Dinh et
207 al. (2012) also used GC technique to the determination of total cholesterol in meat and
208 poultry. In a similar way, the retinol could be also determined in meat using GC
209 techniques (Maraschiello and Regueiro 1998). However, in contrast to HPLC analysis
210 that resolve efficiently these compounds, the use of GC, although GC columns are very
211 efficient at cholesterol separation, usually suffer from possible overlapping of cholesterol
212 with other sterols and especially α -tocopherol, which co-elute with cholesterol on many
213 GC systems (Fenton 1992). The effectiveness of cholesterol analysis using normal-phase
214 HPLC technique was also observed by Katsanidis and Addis (1999) and Mestre Prates et
215 al. (2006), who successfully separated and quantified cholesterol than other compounds
216 that is co-eluted with cholesterol in GC (vitamin E and its homologs) using a column
217 (Zorbax RX-Sil column; 250 mm x 4.6 mm x 5 μ m) with the same characteristics that the
218 column used in the present study. Other possible option to cholesterol and retinol analysis
219 is the use of reverse-phase HPLC analysis. The reverse-phase HPLC method uses a non-
220 polar column or a column with low polarity and a polar mobile phase. Simple addition of
221 some polar solvents such as methanol, ethanol, or water can dramatically change mobile
222 phase polarity and alter the elution (Abidi 2001). Domínguez et al. (2015b) quantified
223 both, cholesterol and retinol in pork meat, liver and adipose tissues using a Ultrasphere
224 ODS (C18) (250 mm x 4.6 mm x 5 μ m) with methanol:acetonitrile:water (68:28:4) as

225 mobile phase and a flow rate of 2 mL min. Dobрева et al. (2017) also determine
226 cholesterol and retinol in seaweed and mussel tissue using reverse-phase column (Synergi
227 4 μ Hydro-RP 250x4.6 mm) and gradient analysis with water, methanol, acetonitrile and
228 2-propanol during 40 minutes, while López-Cervantes et al. (2006) quantified cholesterol
229 and retinol in shrimp waste hydrolysate using a SS Exil ODS column (250 mm x 4 mm x
230 5 μ m) with methanol:acetonitrile:water (68:28:4) as mobile phase and a flow rate of 1.4
231 mL min. Bragagnolo and Rodriguez-Amaya (2002) and Salvatori et al. (2008) also used
232 reverse-phase HPLC techniques for the quantification of cholesterol in pork meat and
233 backfat.

234 Other important characteristic of the peak is tailing factor. This factor affects the
235 compound quantification. According to validation of chromatographic methods, accuracy
236 of quantitation decreases with increase in peak tailing because of the difficulties
237 encountered by the integrator in determining where the peak ends and hence the
238 calculation of the area under the peak. Therefore, if the integrator is unable to determine
239 exactly when an upslope or downslope occurs, accuracy drops (CDER 1994). In this
240 study, the tailing factor (both in standards and samples; n=72) was 0.19 for cholesterol
241 and 0.14 for retinol. These values are 10-14 times less than the maximum value
242 recommended by CDER (1994) (tailing factor ≤ 2).

243 **Linearity, LOD, LOQ and accuracy of the HPLC-PDA-FL method**

244 Linearity is the ability to obtain signal results which are directly proportional to the
245 concentration of analyte. In this study, linearity was established from eight calibration
246 levels ranging from 8 to 1000 μ g/mL for cholesterol and from 20 to 1250 ng/mL for
247 retinol using commercially standards. R² values tabulated in Table 1 were more than
248 0.9996 indicating that the calibration lines correlated well with the data. The values

249 obtained (between 0.9996 and 0.9999) are higher than 0.999 recommended by Validation
250 of Chromatographic Methods (CDER 1994). A R^2 of near to 1 ensures the best agreement
251 with the linear range of calibration. The R^2 value for cholesterol was similar to those
252 described for authors using normal-phase HPLC determination ($R^2= 0.9981$; Mestre
253 Prates et al. (2006)) or using GC techniques ($R^2= 0.995$; (Dinh et al. 2012); $R^2= 0.999$;
254 Meier et al. (2006)), while the value of R^2 for retinol was higher than those described by
255 Maraschiello and Regueiro (1998) ($R^2= 0.9751$). The response factor (expressed as
256 area/concentration) was 8.11 for cholesterol and 19.99 for retinol.

257 Limit of detection (LOD) and limit of quantification (LOQ) were determined based on
258 the signal to noise ratio calculated as the concentration yielding an S/N ratio of 3 and 10,
259 respectively. For cholesterol, the LOD and LOQ of the investigated method were 3.90
260 and 7.80 $\mu\text{g/mL}$, respectively, which allow the detection of 0.59 mg and the quantification
261 of 1.17 mg of cholesterol per 100 gram of sample analyzed. For retinol, the LOD and
262 LOQ of the investigated method were 6.25 and 19.55 ng/mL , respectively, which allow
263 the detection of 0.94 μg and the quantification of 2.93 μg of retinol per 100 gram of
264 sample. These results show the high sensitivity of the developed methodology for
265 simultaneous determination of cholesterol and retinol in meat. In fact, the LOD and LOQ
266 values for cholesterol were lower in this study than those described by Dinh et al. (2012)
267 (LOD: 1.24 mg/100 g; LOQ: 3.76 mg/100 g) using GC-FID. Therefore, HPLC technique
268 allows obtaining higher sensitivity than using GC techniques.

269 Accuracy is the measure of how close the experimental value is to the true value. The
270 accuracy of the developed analytical method was assessed by evaluating the recovery of
271 cholesterol and retinol when meat samples were spiked with three concentrations of both
272 compounds (95, 190 and 300 $\mu\text{g/g}$ of cholesterol and 45, 105 and 240 ng/g of retinol).
273 The results of the study of percentage recovery are summarized in Table 1. The recovery

274 obtained for cholesterol was between 98.67 and 102.14%, while the recovery obtained
275 for the retinol was between 91.72 and 98.27%. The recoveries obtained in the present
276 study, for both, cholesterol and retinol are between AOAC recommendations to validated
277 method ($90\% \leq \text{recovery} \leq 107\%$) (AOAC 2002). With these results in mind it is possible
278 to conclude that direct saponification, followed by extraction and subsequent HPLC
279 analysis is the most appropriate methodology for cholesterol and retinol analysis in meat
280 samples. The recovery obtained by Dinh et al. (2008) for cholesterol analysis using GC-
281 FID technique was between 92.86 and 107.22%, while in a more recent study, the same
282 authors obtained recoveries between 77.08 and 100.56% (Dinh et al. 2012). The use of
283 normal-phase HPLC showed a mean recovery of cholesterol of 93% (Mestre Prates et al.
284 2006). The recovery of retinol obtained in the present study was higher than those
285 described by Maraschiello and Regueiro (1998) using GC-FID, who observed recoveries
286 between 76.78% and 89.19% in spiked muscle samples.

287 **Intralaboratory precision**

288 Finally, precision was evaluated considering the instrumental repeatability and the
289 intermediate precision. Method and instrumental repeatability were determined after
290 saponification, extraction and injection of eight meat samples in day 1. This process was
291 carried out three different days to observe de variation between days (intermediate
292 precision). As it can be observed in Table 2, the cholesterol value was 58.89 mg/100 g in
293 day 1, 57.79 mg/100 g in day 2 and 58.29 mg/100 g in day 3, while the retinol was 7.25
294 $\mu\text{g}/100\text{ g}$ in day 1, 7.33 $\mu\text{g}/100\text{ g}$ in day 2 and 7.24 $\mu\text{g}/100\text{ g}$ in day 3. RSD values for
295 cholesterol analysis were 2.11%, 5.38 and 5.61% for the days 1, 2 and 3 respectively and
296 the RSD values for retinol were 3.62%, 5.74% and 2.70% for the days 1, 2 and 3
297 respectively. The recommended RSD is preferred less than 1%, being values up to 10%

298 generally acceptable (CDER 1994; AOAC 2002). Repeatability RSD (for eight replicates
299 on day 1) of cholesterol and retinol analysis was 2.11% and 3.62%, respectively. These
300 values are lower than the maximum acceptable (10%) recommended by guidelines for
301 method validation. Intermediate precision was obtained after saponification, extraction
302 and injection of eight replicates, during three days. The mean of cholesterol amount of
303 the 24 replicates was 58.32 mg/100 g (Min = 53.36 and Max = 63.32 mg/100 g) and
304 retinol amount was 7.27 μ g/100 g (Min = 6.65 and Max = 7.84 μ g/100 g). RSD values of
305 4.49% for cholesterol and 3.99% for retinol were obtained. As occurs in the repeatability,
306 the values of RSD obtained are lower than the maximum acceptable (10%). In addition,
307 the ANOVA test for 24 replicates in the 3 days did not show any significantly differences
308 ($P = 0.72$ for cholesterol and $P = 0.83$ for retinol) between the different days of analysis.
309 Moreover, the reproducibility RSD (for 24 replicates on 3 days) of 4.49% for cholesterol
310 and 3.99% for retinol were similar numerical ranges as those of intralaboratory
311 repeatability. According to these results, the present method showed high repeatability
312 and reproducibility.

313 **Conclusions**

314 A normal-phase HPLC method for identification and quantification of cholesterol and
315 retinol from meat (beef) was developed and validated in this study. This method extracted
316 both compounds from meat using a direct saponification, without need for lipid
317 extraction, evaporation, reconstitution and derivatization needed, as compared other
318 methods. Thus, the present method allow us quantified cholesterol and retinol very fast
319 (55 minutes for saponification and extraction process and 15 minutes of HPLC analysis)
320 and using little amount of organic solvent for each sample (2.75 mL of ethanol, 0.3 mL
321 of 2-propanol and 17.7 mL of n-hexane including saponification, extraction process and

322 HPLC analysis). The results from this study were comparable to most recent studies in
323 precision and accuracy, which were shown to be quantitatively applicable. As a general
324 conclusion, the present method showed sensitive with very low LOD and LOQ for both
325 compounds, high recoveries (mean of 100.4% for cholesterol and 95% for retinol) and
326 high repeatability and reproducibility. Moreover, no effect of the samples matrix in
327 chromatographic analysis was observed, and the peaks are well separated in a very clean
328 chromatogram. Finally, the present method could be used not only in fresh meat samples
329 but also variety of meat products. However, further validation is recommended and can
330 be useful for an application of this modified method in other types of meat samples.

331 **Compliance with Ethics Requirements**

332 The authors declare no conflict of interest in this article. This article does not contain any
333 studies with human or animal subjects.

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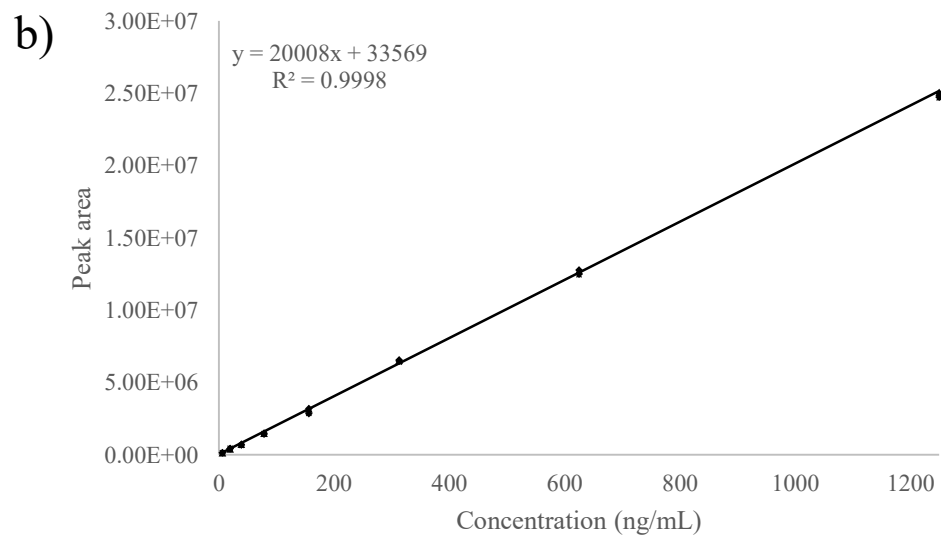
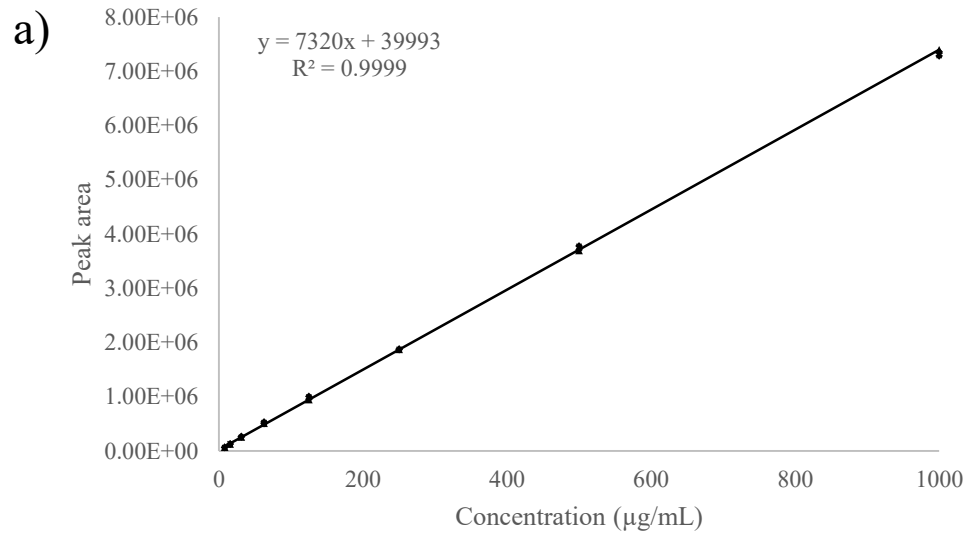
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Figure captions

Figure 1. Graphical representation (three replicates) of the calibration curves of cholesterol (a) and retinol (b) used in this study.

Figure 2. Example of HPLC chromatograms of cholesterol and retinol. (a) Cholesterol in standard solution; (b) cholesterol in meat sample; (c) retinol in standard solution; (d) retinol in meat sample.

**Fig 1.**

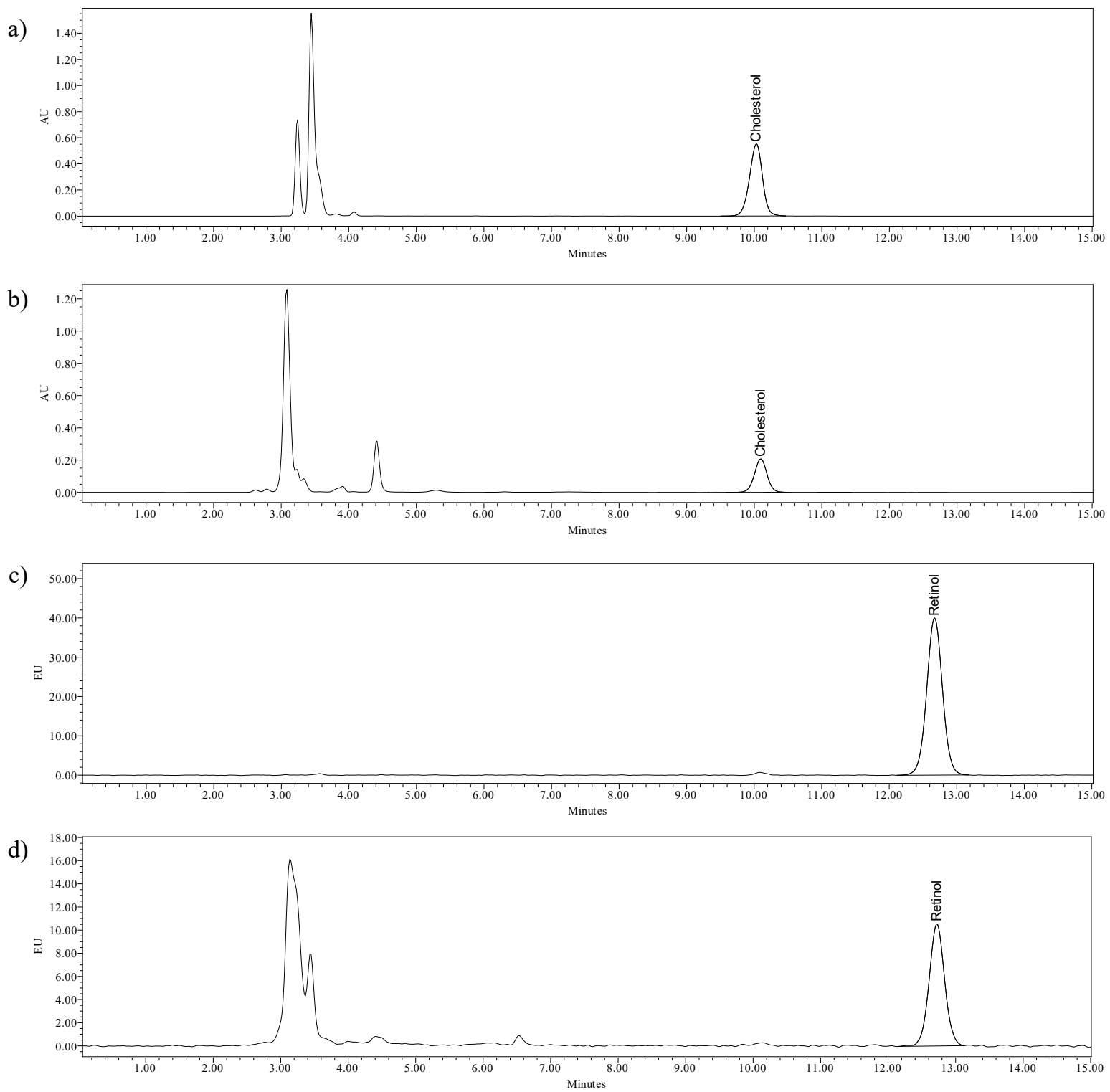
**Fig 2.**

Table 1. Analytical characteristics of the developed HPLC-PDA-FL method for the simultaneous determination of cholesterol and retinol in meat.

	<i>Cholesterol</i>	<i>Retinol</i>
Linearity ¹		
Calibration range	8-1000 µg/mL	20-1250 ng/mL
Response factor (Area/amount) (n=6)	8.11±0.72 A/(µg · L ⁻¹)	19.99±1.60 A/(ng · L ⁻¹)
Slope (n=6)	(7.32±0.04) x 10 ³	(2.00±0.01) x 10 ⁴
Intercept (n=6)	(4.00±1.37) x 10 ⁴	(3.36±0.55) x 10 ⁴
R ² (n=6)	0.9996-0.9999	0.9996-0.9998
Baseline noise (AU) (n=10)	0.0017±0.0002	0.45±0.03
LOD ²	3.90 µg/mL (0.59 mg/100 g)	6.25 ng/mL (0.94 µg/100 g)
LQD ³	7.80 µg/mL (1.17 mg/100 g)	19.55 ng/mL (2.93 µg/100 g)
Peak characteristics		
Retention time (min) (n=72) ⁴	10.00±0.008	12.66±0.014
Peak width (min) (n=48) ⁵	0.856±0.073	0.782±0.052
Specificity (peak resolution) (n=24) ⁶	15.53±2.103	14.41±0.648
Peak asymmetry (tailing factor) (n=72) ⁷	0.19±0.040	0.14±0.027
Accuracy (Recovery %)		
Cholesterol (95 µg/g); Retinol (45 ng/g) (n=6)	98.95±6.41	96.60±7.09
Cholesterol (190 µg/g); Retinol (105 ng/g) (n=6)	102.14±3.04	91.72±2.01
Cholesterol (300 µg/g); Retinol (240 ng/g) (n=6)	98.67±5.01	98.27±1.11

¹ Eight standard solutions at different concentration levels were injected in duplicate for 3 consecutive days

² LOD calculated as the concentration yielding an S/N ratio of 3

³ LOQ calculated as the concentration yielding an S/N ratio of 10

⁴ Retention time was calculated as mean of 48 standard solutions and 24 sample injections in three consecutive days

⁵ Peak width was calculated as mean of 48 standard solutions injections in three consecutive days

⁶ Peak resolution was calculated as mean of 24 sample injections in three consecutive days

⁷ Tailing factor was calculated as mean of 48 standard solutions and 24 sample injections in three consecutive days

⁸ Accuracy was evaluated as the recovery obtained for cholesterol and retinol when six different samples of meat were spiked with cholesterol and retinol standards in three different amounts.

Table 2. Repeatability and reproducibility of cholesterol and retinol determination.

	<i>Cholesterol (mg/100 g)</i>	<i>Retinol (µg/100 g)</i>	
Day 1 (n=8)	1	60.71	6.86
	2	58.01	7.23
	3	59.80	7.01
	4	57.74	7.43
	5	57.40	7.66
	6	59.03	7.42
	7	58.18	7.33
	8	60.23	7.07
	<i>Mean±SD</i>	58.89±1.24	7.25±0.26
<i>%RSD</i>	2.11	3.62	
Day 2 (n=8)	1	61.01	7.36
	2	55.37	6.76
	3	57.81	6.65
	4	54.05	7.46
	5	57.94	7.42
	6	55.19	7.74
	7	57.61	7.40
	8	63.32	7.84
	<i>Mean±SD</i>	57.79±3.11	7.33±0.42
<i>%RSD</i>	5.38	5.74	
Day 3 (n=8)	1	61.55	7.16
	2	61.74	7.31
	3	54.56	7.42
	4	53.36	7.05
	5	60.84	7.39
	6	57.69	7.53
	7	60.20	7.07
	8	56.40	7.01
	<i>Mean±SD</i>	58.29±3.27	7.24±0.19
<i>%RSD</i>	5.61	2.70	
Total (n=24)	<i>Mean±SD</i>	58.32±2.62	7.27±0.29
	<i>%RSD</i>	4.49	3.99
	Min	53.36	6.65
	Max	63.32	7.84
	<i>P value</i>	0.72	0.83